

Prenatal Massage

Nurture your body & soul with a gentle prenatal massage, designed to alleviate pregnancy discomfort & promote relaxation for both mother & baby. Experience the soothing touch that eases tension and enhances well-being during this special time.



Lymphatic Drainage Massage

Experience the benefits of lymphatic drainage massage, a gentle technique designed to promote healthy lymph flow, reduce swelling, and detoxify your body. Our skilled therapists use precise, rhythmic movements to stimulate your lymphatic system, enhancing your immune function and overall wellness. Whether you're recovering from surgery, managing chronic conditions, or aiming for better health, lymphatic drainage massage offers a path to a revitalized and balanced you.

Sports Massage

Elevate your athletic performance & recovery with a sports massage tailored to your specific needs. This dynamic treatment targets muscle tension, enhances flexibility, & reduces the risk of injury. Whether you're a professional athlete or a weekend warrior, experience the benefits of optimized muscle function and accelerated recovery.



Craniosacral Therapy

Immerse yourself in the gentle & profoundly relaxing craniosacral massage, which focuses on the delicate tissues of the head, neck, & spine. Subtle yet powerful, this technique promotes deep healing & balance, restoring harmony to your entire being.



Other Massages We Offer:

- Swedish/Relaxation
- Cupping
- MET Muscle Energy Technique
- Myofascial release
- Deep Tissue
- Hot Stone
- Trigger Point
- Reflexology
- Aromatherapy
- Manual Lymphatic Drainage
- Craniosacral
- NMT Neuromuscular Therapy

Ask us today which massage will best support your healing journey.

**All patients must have an exam by one of our Chiropractors prior to massage.*

Experience True Healing with Our Expert Massage Therapists

At Family Chiropractic, our massage therapists are dedicated to providing the most beneficial treatment tailored to your needs. Leveraging their extensive skill set and training, they go beyond a simple "fluff" massage.

Each session is designed to complement your chiropractic care, ensuring a holistic approach to your health.

Our therapists are skilled in identifying and targeting issues like knotted muscles, often incorporating deep tissue or trigger point techniques, even if you initially came in for a "relaxation" massage. Unlike generic massage chains, we pride ourselves on delivering a personalized touch that truly makes a difference.

Our commitment is to your well-being. By integrating advanced massage techniques with chiropractic care, we aim to achieve faster, more effective results for you. Experience the unique value and benefits our therapists bring, and feel the difference in your path to wellness.

Relax, Rejuvenate, Heal



Pricing

Therapeutic Massage

- 30 minutes - Starting at \$45**
- 60 minutes - Starting at \$75**
- 90 minutes - Starting at \$110**
- Add-Ons - Cupping, Hot Stone, and/or Aromatherapy \$20 each**



855-MYCHIRO



Massage Services

